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**Augsburg University
Department of Nursing
Doctor of Nursing Practice Program
Scholarly Project Approval Form**

This is to certify that **Britt Schultz** has successfully presented her scholarly doctoral project entitled “*Adolescent Anxiety: Implementing Mindfulness Techniques to Lessen Mental Health Crises*” and fulfilled the requirements for the Doctor of Nursing Practice degree.

Date of presentation: April 12, 2022

Committee Members’ Signatures:

Major Advisor: *Lisa Van Getson, APRN, DNP, FNP-C*

Date: April 12, 2022

Faculty Member: *Deborah Schumacher, DNP, PHN, RN*

Date: April 12, 2022

Department Chair: *Joyce P. Miller, DNP, RN*

Date: April 12, 2022